Practicing Safe Sex

Safe sex is about feeling safe and free with your partner, being in control of your situation and respecting yourself and your partner. The program supports education and awareness of safe sex practices.

What is a Sexual Health Check?

Most sexually transmissible infections (STI’s) and blood borne viruses (BBV’s) may show no symptoms, so a sexual health check is an easy way to test, treat and manage STI’s/ BBV’s. The test may include urine and/ or blood test and can include an examination by your Doctor if you have symptoms such as pain when peeing. This also gives you a chance to ask questions about your sexual and reproductive health. For an appointment please contact a Goondir Clinic.

Who Should Have a Sexual Health Check?

You should have a sexual health check if:

- you are thinking of starting a family
- you have had unsafe sex including vaginal, oral and/or anal sex;
- you have had a failure of protection or condom during sexual activity;
- you have multiple sexual partners;
- you have started or ended a relationship;

Opening Hours:
Monday, Tuesday & Thursday    8:30am—4:30pm
Wednesday                           8:30am—1:30pm
Friday                                           8:30am—2:30pm

In an emergency, please dial 000
Information for Clients

The Sexual and Reproductive Health Program aims to provide education, awareness, health promotion, prevention and intervention strategies to Clients and the community regarding sexual and reproductive health. Goondir recognises the importance of delivering culturally responsive sexual and reproductive health services to Clients. The program is open to both males and females looking for information regarding safe sex, treatment and/or advice on sexually transmitted infections and diseases, sexuality, contraception and more.

Program Services

- Sexual health checks;
- Treatment and follow up support;
- Free condoms;
- Pregnancy tests;
- Pap Smears;
- Contraception information and Doctor referrals;
- Hepatitis vaccination (A & B);
- Women’s and men’s sexual and reproductive health education;
- Advice regarding accessing sexual and reproductive health information.

Research Projects

Goondir continues to participate in research projects such as REACCH. This contributes to ongoing quality improvement and developing best practice pathways in the delivery of sexual and reproductive health programs and services.

Telephoning Your Doctor

Direct telephone contact with the Doctor may or may not be available at the time of your call. It may be necessary for a message to be taken or your call to be directed to another Clinician.

Providing Best Practice Health Care

The Dalby, St George and Mobile Medical Clinics are AGPAL Accredited. Goondir has also attained certification against the ISO9001:2008 (Quality Management Systems) Standards. Staff have access to continual education and training and are committed to improving quality of service delivery.

Client & Stakeholder Feedback

Our aim is to provide Clients with the best possible health services. We value Client feedback and encourage use of the Suggestion Box and/or participation in Surveys.

Client Complaints

Complaints can be submitted to the Chief Executive Officer on 4679 5966 or PO Box 559, Dalby. Alternatively, you can contact the Office of the Health Ombudsman on www.oho.qld.gov.au or ph 13 36 46.

Confidentiality

Consultations will be conducted discreetly with your health information accessed only by those directly involved in your care or in the monitoring of its quality meeting the Australian Privacy Principles.

Fees and Billing

Goondir is a bulk billing service for Clients who have a current Medicare card. The Doctor or Staff will advise of potential costs of treatments or specialist services. All Clients are to bring their Medicare and Concession cards to all appointments.

Contact Details

Clients are to present to reception upon arrival where your personal and contact details will be checked at each visit.

Additional Important Information

- Strictly No Smoking on Goondir property including vehicles.